YES I WOULD LIKE TO HELP EITHER BY:



I can go directly to the Australian Red Cross Blood Bank at Southbank and register myself.

Please call and make an appointment with nurses Jenny Temple or Tania Bondarenko: Tel: 03 9694 0290

| OR |
|--|
| TICK & SEND IN THIS FORM ☐ Please organize a group session to visit my local area ☐ Please organize an appointment for me at the Australian Red Cross Blood Service in Southbank For this we will need your personal details: Family Name: |
| Other Names: |
| Age (you must be between 18-50 yrs): |
| Organisation/Group (if applicable) |
| Address: |
| Telephone: |
| Email: |
| OR |
| Send me more information about (please tick): □ Bone marrow donation □ BMDI Leukaemia Family Support Group □ BMDI Transplant Support Group □ BMDI Breast Cancer Support Group Postal address: |
| OR |
| To volunteer or donate time or money (please tick): ☐ I wish to volunteer to work in the BMDI office or fundraise ☐ I will donate \$ Cheques: make payable to the Bone Marrow Donor Institute Ltd Credit Card: ☐Visa ☐Bankcard ☐Mastercard ☐Diners ☐Amex |
| Card Number |
| Expiry date: / |
| Signature |

TEAR OFF THIS SLIP & POST TO

Bone Marrow Donor Institute, Locked Bag AAA, Carlton South 3053

Donations over \$2 are fully tax deductible.



Australian Bone Marrow Donor Registry National Office Tel: (02) 9229 4464



Australian Red Cross Blood Service Corner of Kavanagh & Balston Sts, Southbank VIC 3006 Tel: (03) 9694 0111



Bone Marrow Donor Institute Ltd.
ABN 93 097 333 018
Post: Locked Bag AAA, Carlton South Vic 3053
Location: Royal Melbourne Hospital Campus
1d Royal Parade, Parkville Vic 3052
Tel: 613 9342 7888 Fax: 613 9342 7842
Email: savealife@bmdi.org.au Web: www.bmdi.org.au

Personal information given to BMDI will be treated confidentially. If you are registering as a bone marrow donor your details will be disclosed to the Australian Bone Marrow Donor Registry & Australian Red Cross Blood Service. Contact BMDI if you would like access to this information.

ACN 097 333 018



Saving Lives

lives in your community



"Becoming a donor is a rare opportunity to become a superhero and save someone's life without having to risk one's own.

How could anyone say no to that?"

Maureen Maurizi -Registered Donor

"I am happy to make a good example. It is kindness and love that will give people the courage I think."

Jenny Ha -Registered Donor



Bone Marrow Donor Institute

Multicultural Donor Awareness Campaign

Meet Lily: she's fighting but needs your help

Lily Le (not her real name) is a tiny Vietnamese girl of two who has a body much smaller than other toddlers her age. When she was 10-months old her parents thought she had a cold but her fever kept getting worse. After a blood test she was rushed to the Royal Children's Hospital emergency ward where they began treating her for leukaemia. The search for a stem cell or bone marrow donor began. Unfortunately Lily's four-year-old brother and parents did not match. Lily has had chemotherapy and is now in remission. She has shown a strong determination to fight. The donor registry is now searching outside the family for a prospective donor. Donors from her ethnic background will be most likely to match. Will you join the Registry and help Lily's fight?

Why we need you

- The need is urgent: Sick people from diverse ethnic communities in Australia with cancer of the blood (leukemia) are dying because we do not have enough ethnic donors. Their only hope is to find a person of the same tissue type to donate compatible bone marrow or stem cells.
- Only you can help: By registering as a donor you can help to save a life in your community. The chance of finding a matching donor is much higher in people from a similar ethnic background. Many ethnic communities in Australia have no donor registries in their countries of origin to rely upon and our Australian registry does not yet reflect our ethnic diversity.
- Take up this new challenge: Our multicultural communities need to get involved as part of the wider community of Australian donors.
- Helping globally & locally: You will help not just your community here in Australia, but also in your country of origin and across the world.
- HELP SAVE A LIFE: Become a donor a very small step for you can give a second chance of life to a patient with leukaemia.

What to do next

You do not need to donate initially, only register, which entails a quick blood test and interview. There is no need to attend a hospital. You can either go to:

A group session in your area: If there are 15-40 people within an organization or community willing to register we can come to you. A bone marrow nurse can visit your office or organization to interview, register and take a blood sample from each potential donor.

The Australian Red Cross Blood Service: If you choose to visit the Southbank Centre please contact the bone marrow nurse to make an appointment for the interview, registration and to take a blood sample from you.

See the back of this brochure for details.



Hakan Akyol donated stem cells to a young girl

"Providing someone with a second chance at life certainly provides you with a warm inner feeling that is immeasurable. If you or a loved one was in that situation, wouldn't you be praying for someone to come forward - if so, please go forward and register as a bone marrow donor."

Medical Facts

- The first step is to be registered and interviewed and have a quick blood test.
- Only one in 1000 registered donors are asked each year donate stem cells or bone marrow.
- Doctors agree that a healthy person can donate stem cells or bone marrow safely. It is not detrimental to your health because the body is constantly making and discarding blood cells and bone marrow which grows rapidly to replace what has been donated.
- There are two ways to donate: either by giving stem cells from your blood or bone marrow from your bones. Both are relatively safe procedures but may cause you some discomfort. The most common way these days is for stem cells to be taken direct from your blood and then your blood returned to you. The less common way is to take bone marrow from your hip bones under a general anesthetic.
- We can give you much more information about both these procedures.
- You are important to us: either way we will check on your well being after the donation.

What is the Bone Marrow Donor Institute?

The Bone Marrow Donor Institute is a registered charity formed in 1989 by parents whose children had contracted leukaemia. BMDI gives hope and saves lives of people with leukaemia and other chronic illnesses. The aim of this multicultural awareness campaign is to recruit people of different ethnic backgrounds to the Australian Bone Marrow Donor Registry (ABMDR) to assist people from those communities who are desperately seeking a donor.